

## **Referral Criteria**

### **Referral of patients to Specialist Palliative Care at Kilbryde Hospice**

Patients being referred should be aware of their diagnosis or the life-limiting nature of their condition. They should live in the Cambuslang/Rutherglen, East Kilbride, Strathaven, Hamilton, Blantyre, Uddingston and Bothwell areas including surrounding towns of South Lanarkshire.

- Must be 18 years and over and have a progressive or life-limiting condition
- Been fully assessed by GP, specialist nurse, community nurse or ICST team
- Have complex needs which are best resolved by the specific skills of a multidisciplinary specialist palliative care team

**Referral to Kilbryde Hospice can be made for any individual who has one or more life – limiting conditions if they have;**

- Uncontrolled pain or other symptoms
- Complex end of life needs
- Complex physical, psychological, spiritual or family needs that cannot be met by staff in the care setting.

(Scottish Palliative Care Guidelines, 2015)

### **Their needs must be**

- Physical, psychological, social or spiritual
- Related to the patient, carer or family centred
- May be intermittent or continuous

### **Referral Principles**

- The patient/family member must agree to the referral
- If at home the GP must agree to the referral
- If in hospital the referral should be made after approval by the consultant in charge
- Patients and families can self-refer to some services though we will contact your GP to identify if you will benefit from support from Kilbryde.

### **If a patient meets this criteria**

- They will be reviewed regularly to ensure they receive care based on their needs and goals

- This criteria will serve both as entry and exit criteria to Kilbryde Hospice services e.g. as a result of therapeutic intervention, patient's condition may stabilise. When a patient stabilises and/or their goals are achieved then they will be discharged from our care to the care of their GP and Community Nursing Team.

### **Referral routes**

- Referrals will be processed via one of two completed referral forms; In-Patient Unit admission or Non In-Patient Unit (Day Service, CLAN, Out-patient, Carer support). Referrals are accepted from GPs, Specialist Nurses, and community nurses (with consent from GP) and others where appropriate.
- Self-referral – Clinical Admin staff will complete a Kilbryde Hospice Non – In Patient Unit referral form and consent to share information form. For patients who self-refer to Kilbryde Hospice we require to consult with your GP to request a medical summary with which to fully assess you.
- On receipt referrals will be triaged by a multidisciplinary team every day Monday to Friday.
- Referrals should be emailed to [kilbrydehospice.referrals@nhs.net](mailto:kilbrydehospice.referrals@nhs.net) or faxed to 01355 279616
- Via triage line, Mon – Fri (01355 202020, option 3 for clinical admin)

### **Discharge Criteria**

- Patient Choice
- Specialist palliative care involvement no longer required
- Symptoms adequately managed.
- Patient moves out of catchment area

### **Referral of Carers and Relatives to Kilbryde Hospice services**

- Referrals can be made for any carers or relatives of individuals with a life-limiting illness as above
- Completion of a Kilbryde Hospice Non- In Patient Unit referral form as above detailing carer/relative.
- Self-referral for carers and relatives is via Kilbryde Hospice Drop In. We will contact the individual's GP (with their consent) to identify if they will benefit from support from Kilbryde Hospice.